



About the Kindness Chronicles

Dear Our Future is Kind Community,

We created this bi-weekly email series to provide an overview of topics related to the *In Kind* book. It will also give you news of what's happening within Our Future is Kind. Each issue will contain a kindness challenge and a bonus challenge for you to live the ethos of kindness consistently in your daily lives.



Build a Kinder Future weekly

With all of you members of the Kindness movement in mind, we are creating a weekly strategic guide that will help you build the future you want to live in, one kind act at a time. This will act as an organizer, a planner if you will. When you sit down on Sunday nights to plan out the next week, we know it can get tough trying to prioritize, plan, and not get completely overwhelmed.

This weekly email will give you the research-backed information you need to grab ahold of your week and feel like you are in charge. It will give you the organization to keep living your values of kindness while also thinking about specific aspects of your daily living. Stay tuned!

Meet Michael in the NC SHRM Conference

In September, Michael will travel to western North Carolina for the [Society for Human Resource Management statewide conference](#). During that conference, he will be working with HR professionals from all over the state to discuss work culture, team-building, and other topics related to kindness in the workplace.

The goal is simply to spread the news of the book, the Kindness Movement, and get feedback on how we can make a bigger difference in our home state. The hope, of course, is to turn those learnings into a springboard for making a global difference for workers everywhere.

The conference is centered around HR, and those attending get unique insights into HR rules and regulations, emerging trends, and the latest HR products and solutions like applicant tracking technology, management software and screening and assessment tools. Attendants can potentially make meaning, lifelong connections to HR-specialists that can share their insights into the field.

Weekly Kindness Challenge

Reach out: Is there someone that you haven't contacted for a long time? Remember to **harness your network**, and think about how you reach out and reconnect with them using something that both of you have in common. Then go **reach out to them**.

Bonus Challenge: Have even MORE impact!

Don't stop at reaching out; have something personalized that you can **give to them** or a service you can **offer them**. Perhaps send them a book through the mail with a hand-written note. Imagine their surprise! That way they know that you are thinking about them in particular, and it could be the catalyst to reinvigorate your relationship.

With kind wishes,

Michael G. Neece

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